



MOUNTAIN LIGHT HEALING

Energy Medicine/Bioenergetics for
Whole Health and Empowered Living

Phone/Text: 719-648-5234
MountainLightHealing.com



2-HOUR ENERGY ENHANCEMENT SYSTEM SESSION with BRAZILIAN TOE TOUCH



Saturday, 4 May 2024

11:00 am – 1:00 pm

The **Energy Enhancement System (EESystem)** is designed to create an environment that promotes peak performance and high states of health, consciousness, and self-actualization. The setup consists of precisely aligned monitors that emit biophotons (light) and generate a scalar energy field in the room where you get to relax in a comfortable reclining chair. Visit EESystem.com for additional information.

The body is electric by nature; if you can increase and balance the energy in your body, you will see a profound difference in your well-being! The EESystem is like a battery charger for the body's cells and activates the release of toxins.

The **Brazilian Toe Touch** technique was introduced by Brazilian energy-medicine practitioner José de Arago at a *Touch for Health* Conference in 1980. It is based on the zones of the body as used in reflexology and has become a favorite in the work of energy-medicine pioneer Donna Eden because of its many benefits. These include releasing stress, inducing a deeply relaxed state, improving the body's ability to metabolize toxins, promoting restful, restorative sleep, and easing the side effects of traditional cancer treatments.

For this special event, you will be receiving an energy-medicine mini-session lasting about 20 minutes, working with specific acupressure points on your feet while you are comfortably resting in your reclining chair in the EESystem. This is a true holistic experience in where every part of your body is receiving more energy and information to function fully and optimally.

Your Hosts: **Michelle Kellar**, a heart-centered transformational leader in a New Era of Well-Being and steward of the EESystem in Monument, CO, and **Verena Vomastic**, PhD, an expert in the constantly evolving field of energy medicine, are excited about collaborating to offer this unique experience.

Special Event Fee: \$75
Only 6 Spots Available!



Scan QR Code for
Registration Page

Event Location: Near Monument Lake, 5 minutes West of I-25/Exit #161

To register, contact Michelle at 303-210-3446 or visit EESystemColorado.com.



About your Practitioner: Verena Vomastic, PhD, owner of the Mountain Light Healing Studio in Colorado Springs, CO, specializes in integrative approaches to optimizing mind-body health and well-being. She is passionate about inspiring and empowering individuals from all walks of life, promoting growth and transformation, and sharing the science, the gifts, and the magic of Energy Medicine. In her practice, she employs a unique blend of practical tools, proven techniques, and leading-edge technologies aimed at boosting vitality, resilience, performance, and overall quality of life. Verena has a scientific (mathematics/physics) and cosmopolitan background. She is a certified Energy Medicine/Bioenergetics and Whole Health Medicine Institute Practitioner, Eden Energy Medicine and Holistic Stress Management Instructor, Hippocrates Lifestyle™ Medicine Coach, and Registered Yoga Teacher.