

Mountain Light Healing, LLC
25 N Cascade Ave (at FIT 365)
Colorado Springs, CO 80903
Verena Vomastic, 719-648-5234

Parking instructions for the Antlers garage where you can park for free while visiting my office at FIT 365:

Look for the NW corner of the intersection of Cascade Avenue and Colorado Avenue.

Enter the garage from Antlers Place; your license plate will be scanned when you enter the garage (no more ticket machines).

Continue straight ahead and then follow the pink signs for Hotel Parking.

You'll end up at the hotel entrance on level P2. Park in any non-restricted space in that area and make sure that you know your license plate.

Enter the hotel through the passageway and take the elevator up to the Hotel Lobby.

Go to the hotel check-in desk and give your license-plate information to one of the receptionists for validation in their computer. If they ask, you are going to FIT 365.

Go outside of the hotel or follow the indoor walkway to your left. You'll have to cross Cascade Avenue and go to the North (left), about half a block.

Look for the FedEx sign on the 25 N Cascade building and enter the building there (the Fit 365 sign is on the right side on the outside of the building). Go to the elevator lobby next to the FedEx entrance and let me know that you are there. I will come up and take you down to my office (the elevator requires a key card to go down).

There also is metered parking along Cascade Avenue and other streets nearby.



Imagery ©2025, Map data ©2025 Google

200 ft